



THE PAVEMENT PRESS

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THE MCCLELLAN PARK SHUTTLE - COMING SOON!

The McClellan Park Shuttle will be starting this Fall from the Roseville Rd Light Rail station to bring McClellan Park transit riders to 4 different stops inside McClellan Park. The cost of the shuttle will be included in your monthly pass. The route will run every 20 minutes during morning and afternoon peak times. Brochures and route times are being established.

THE TMA FAIR HAD SOME NEW INTEREST!

The TMA Fair brought in some new vendors to the Fair that attracted around 700 to a lunch time crowd. 44 vendors included local McClellan Park tenants and community businesses from Mike's Bikes, Placer County Transit, Roseville Vespa, the Antelope-Highlands Chamber, Quick Quack Car Wash, to JC Penney Custom Decorating and many, many more. The vendors really brought the Fair up a notch with some of their great raffle prizes and displays. Please contact the TMA at brager@mcclellanparktma.org if there was a vendor you'd like more information on.





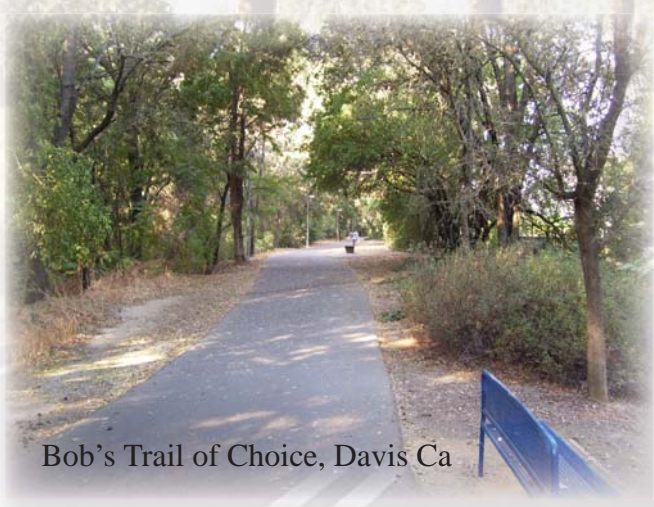
A PATH WORTH FOLLOWING

If you didn't get a chance to meet Bob Carter at the TMA Fair, then let us introduce him to you. Bob Carter is a consultant with Tetra Tech and decided after moving to Davis, he should start up bicycling to make a change for better health, fitness and an overall positive lifestyle. Bob hadn't ridden a bicycle in about 40 years. Sound familiar to some of you? So first he started by shopping for a bicycle that would best suit his basic needs (at least that is what he thought back in May). Bob purchased a bike and helmet from Ken's Bike & Ski in Davis. Bob set himself a goal to ride 50 miles for the "May is Bike Month" campaign (a big goal for someone who hadn't ridden a bike in over 40 years).

Every night after work, he'd get himself ready with his helmet and Davis bike path map and started 10 minutes into the path and then 10 minutes back. As the weeks went on, he realized how great he was feeling and noticed that his goal of 50 miles for the month was going to be a breeze. He ended up riding over 100 miles that month and as of October; Bob has ridden over 2,500 miles. Bob is now bringing his family and friends into the sport of cycling. He recently had a family reunion and organized an outing to get "everyone" on a bicycle. Since then, his daughter, son, sister and friends have been purchasing bicycles and starting to ride, little by little, and making their own goals. The family has noticed such a change in Bob that they knew he must be doing something right, so they are following his path, literally. Next family outing is October 11th in Napa!



Bob is shown above with photos of his bike route through Davis. He now cycles about 150 miles a week and has a 15-mile route that he likes to do every night, rain or shine. He's revisited Ken's Bike Shop and has learned that riding with the breathe-easy, highly-visible jersey and comfy bicycle pants do make your ride more enjoyable. Bob enjoys the beauty of the cycle experience and the people he meets on the trails. Bob has decided to choose "Middle Age" instead of "Old Age." This 55 year old enthusiast has become an inspiration to so many. His next big goal is to join a group to ride across the country by age 60! We know you'll make it Bob – Congratulations!



Bob's Trail of Choice, Davis Ca

NEXT ISSUE

- McClellan Park Shuttle Service
- TMA Receptions At Your Offices